

MOST SANDWICHES ARE SERVED WARM AND MAY TAKE  
10-20 MINUTES.  
THE KITCHEN CLOSSES 20 MINUTES BEFORE CLOSING

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## Fresh & Light

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### AVOCADO CAPRESE TOAST OR SALAD

Local sourdough, avocado spread, topped with spinach, mozzarella, and tomato. Drizzled with balsamic glaze and pesto sauce. Or make into a salad on a bed of romaine  
Add Chicken

### NUT BUTTER BANANA TOAST

Toast with peanut butter or hazelnut spread, topped with banana slices and drizzled with honey, sprinkled with cinnamon

### ACAI BOWL

Acai berries, pineapple, banana, dairy free milk, lemon juice. Topped with seasonal fruit, coconut flakes, almonds, granola, chocolate chips and honey  
(gluten free friendly)

### SMOOTHIES

**Pineapple Mango or Strawberry Banana**  
100% real fruit, milk, agave, and lemon juice  
Alternative milk available

**High Protein Peanut Butter Smoothie**  
20 grams plant based protein, peanut butter, bananas and maple syrup

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## Desserts

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**WE BAKE IN HOUSE MUFFINS, BARS  
AND CAKES**

**WE SERVE LA PROVENCE PASTRIES**

**AND A WIDE SELECTION OF  
DELICIOUS GLUTEN FREE AND KETO**

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## Add Ons

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Gluten free bread  
Extra ham  
Extra bacon  
Extra sausage patty  
Extra slice of turkey  
Extra slice of cheese  
Extra egg patty

Served All Day

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## Breakfast

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Gluten free options

### BREAKFAST SANDWICH

English muffin with aioli spread, egg, cheddar cheese and bacon or sausage

### BAGEL WITH CREAM CHEESE

Plain or Everything Bagel  
Gluten Free Bagel

### HAM & CHEESE CROSSIANT

Buttery croissant with melted havarti cheese and ham

### BREAKFAST BURRITO

Cheesy warm mixture of egg, potato and sausage on a flour tortilla.  
Served with chips and salsa

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## Sandwiches

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### SANDWICH MEAL

Includes chips, pickles and cookie  
Or try the SANDWICH ONLY  
Gluten free bread available for all sandwiches

### TURKEY SANDWICH OR TORTILLA WRAP

Local sourdough, house made aioli, turkey, swiss, tomato, red onion and spinach

### CHICKEN SALAD SANDWICH

Creamy Chicken salad served on a warmed croissant with tomato and spinach

### AVOCADO BLT SANDWICH

Local sourdough, avocado spread, house made aioli, bacon, tomato and romaine



# Founder's

— COFFEE & MERCANTILE —

## Drinks

### COFFEE

12oz / 16oz / 20oz / 24oz

#### AMERICANO

Double shot espresso (hot water or iced)

#### DRIP

Strong and delicious

#### CAPPUCCINO

Double shot of espresso with steamed milk and foam

#### LATTE

Double shot of espresso with steamed or cold milk

#### FLAVORED LATTE

#### MOCHA

Double shot of espresso with chocolate and steamed or cold milk

#### FLAVORED MOCHA

#### BREVE LATTE

Double shot of espresso with steamed or cold half & half

### BEYOND COFFEE

#### CHAI LATTE

Original or spicy

#### MATCHA LATTE

With vanilla syrup

#### LONDON FOG LATTE

Earl grey tea, steamed milk, vanilla and lavender syrup

#### LOOSE LEAF TEA

See our IV Tea Co menu

#### STEAMER

Steamed milk with syrup of choice

#### HOT CHOCOLATE

#### SPARKLING LEMONADE

#### LOTUS ENERGY DRINKS

#### ITALIAN SODAS

## Signature Drinks

#### HONEY BEAR LATTE

Double shot espresso with honey, brown sugar and cinnamon

#### MOJOSITO MOCHA

Double shot espresso & chocolate infused with jalapeno powder and cinnamon

### ADD ONS

FLAVOR \_\_\_\_\_

PLANT BASED Milk (almond, coconut or oat)

LOTUS ENERGY BOOST \_\_\_\_\_

COLD FOAM \_\_\_\_\_

EXTRA SHOT \_\_\_\_\_

BLENDED \_\_\_\_\_

DRIP COFFEE REFILL \_\_\_\_\_

## Pastries

### LA PROVENCE

Cinnamon Roll

Caramel Walnut Roll

Danish (cream cheese, raspberry)

Lemon Scone

Almond Croissant

Chocolate Croissant

### HOME BAKED GOODS

Banana Bread (REG & GF friendly)

Brownie (GF friendly)

Coffee Cake Muffin (GF friendly)

Lemon Blueberry Bar (GF friendly)

Mini Cookie

Jumbo Cookie

### KID FRIENDLY OPTIONS

Cheesy croissant (with ham)

Breakfast Sandwich

Nut butter banana toast

Steamers

Italian sodas

Hot chocolate

Smoothies

Juice Boxes

Applesauce